

## **Children's Books**

### ***All Children Have Different Eyes: Learn to Play and Make Friends* (2007)**

by Edie Glaser

(ages 4 - 8 years)

A pair of appealing characters named Wendy and Tommy narrate short chapters from their lives. Both children have visual impairments that can make their eyes look and act differently than other children's eyes. Each chapter shares how the children learn, play and grow while looking at the world through their different eyes. The children are depicted doing things that all children enjoy: bike riding, ice skating and playing team sports. Wendy and Tommy introduce readers to a variety of visual impairments, explaining a bit about each child's situation and demystifying each example.

### ***Arnie and the New Kid* (1990)**

by Nancy Carlson

(ages 3-8 years)

When an accident requires Arnie to use crutches, he begins to understand the limits and possibilities of his new classmate, who uses a wheelchair.

### ***Belonging* (2001)**

by Deborah Kent

(ages: Young Adult)

Fifteen-year-old Meg Hollis is the first blind student in her high school. Her parents worry about whether she can find her way and succeed; she finds the academic pressure is not as difficult as the social scene. Meg longs to be part of the "in crowd."

### ***Don't Call Me Special: A first Look at Disability* (2002)**

by Pat Thomas

(ages 7-10)

This picture book explores questions and concerns about disability in a simple and reassuring way. Younger children can find out what a disability is, and learn how people deal with their disabilities to live happy and full lives.

### ***I'll Hold Your Hand So You Won't Fall: A Child's Guide To Parkinson's Disease* (2005)**

by Rasheda Ali

(ages 8- young adult)

Offers encouragement, and advice to caregivers, family members and friends of those living with Parkinson's Disease. Makes suggestions about how to open a dialogue with children.

### ***Paralyzed* (2008)**

by Jeff Rud

(ages 10-14 years)

A football tackle gone wrong puts a boy in hospital and leaves star linebacker Reggie Scott feeling confused, guilty and alone.

***The Smart Princess: And Other Deaf Tales* (2006)**

by Keelin Carey  
(ages 5-11 years)

By writers and illustrators who are Deaf themselves, this collection of stories for readers under nine provides humorous insights into the lives of Deaf children. In one tale a Princess runs away when her intolerant aunt does not allow her to sign. Another story looks at the experience of a Deaf child at a hearing school. Beautifully illustrated with a full color image for each story, this collection is by winners of a national competition called the Ladder Awards, organized by the Canadian Cultural Society of the Deaf.

***Additional Children's Books: [www.teachervision.fen.com](http://www.teachervision.fen.com)***

**Fiction**

***Blindness* (1999)**

by José Saramago

Portuguese Nobel Laureate Saramago tells a fantastic tale about a city hit by an epidemic of "white blindness," in this work that is the basis for the Julianne Moore film.

***The Bone Collector* (1998)**

by Jeffery Deaver

Jeffery Deaver takes readers on a terrifying ride into two ingenious minds--that of a quadriplegic detective, formerly the head of forensics for NYPD and the scheming killer he must stop. The killer is a man whose obsession with old New York helps him choose his next victim.

***The Diving Bell and the Butterfly* (1997)**

Jean-Dominique Bauby

One day the author woke up in a hospital with locked-in syndrome, which causes motor paralysis throughout the entire body. Because of this, communication is not possible except by coded eye movements. The author wrote this book by blinking his one working eye.

***Land of a Hundred Wonders* (2008)**

by Lesley Kagen

From the national bestselling author of "Whistling in the Dark" comes another unforgettable story. Left with brain damage after a tragic car accident that took both her parents' lives, Gibby is now NQR (Not Quite Right), a real challenge for a fledgling newspaper reporter. Especially when she stumbles upon the dead body of the next governor of Kentucky.

***Lark and Termite* (2010)**

by Jayne Anne Phillips

Set in the 1950s in West Virginia and Korea, "Lark and Termite" is a story of the power of loss and love; the echoing ramifications of war, family secrets, dreams and ghosts; and the unseen, almost magical bonds that unite and sustain a family. She captures the horrors of war, "that erupts and lifts it's flaming head" and the day to day struggle of raising a severely disabled child.

## Humor

### ***Best of Callahan*** (2008)

John Callahan

From the warped mind of the late John Callahan- one of America's most twisted cartoonists- comes *The Best of Callahan*—a wildly satirical, wickedly funny collection of favorite cartoons.

### ***Laugh Or Cry: Finding The Lighter Side Of Disabilities*** (2004)

by F. Alexander Brejcha, with Sharon Hulihan

Drawing on personal experience, the authors have put together some essays and anecdotes that they hope will show all readers that humor IS the best medicine. After all, sooner or later we will all face some disability.

## Memoirs and Biographies

### ***The Best Seat in the House: How I Woke Up One Tuesday and Was Paralyzed for Life*** (2008)

by Allen Rucker

Rucker--baby boomer, husband, father of two, self-described "aging hack"--had a life that was certainly good enough. Then, at the age of 50 he was struck out of nowhere by a rare condition called transverse myelitis, leaving him paralyzed from the waist down.

### ***The Body Silent*** (1987)

Robert Murphy

Murphy was head of the Anthropology Department at Columbia University when he developed a spinal tumor. He came to look at a brand new world he has been handed along with his drastically changed body.

### ***Born on the 4th of July*** (1976)

Ron Kovic

This *New York Times* bestseller details the author's life story- from a patriotic soldier in Vietnam, to his severe battlefield injury, to his role as the country's most outspoken anti-Vietnam War advocate, spreading his message from his wheelchair.

### ***Brilliant Madness: Living with Manic Depressive Illness*** (1997)

by Patty Duke and Gloria Hochman,

In her revealing bestseller *Call Me Anna*, Patty Duke shared her long-kept secret: the talented, Oscar-winning actress who won our hearts on *The Patty Duke Show* was suffering from a serious-but-treatable-mental illness called manic depression. For nearly twenty years, until she was correctly diagnosed at age thirty-five, she careened between periods of extreme euphoria and debilitating depression, prone to delusions and panic attacks, temper tantrums, spending sprees, and suicide attempts.

### ***Count Us In*** (2007)

By Jason Kinglsey and Mitchell Levitz

In 1994, at ages nineteen and twenty-two, respectively, the authors, who have Down Syndrome, shared their innermost thoughts, feelings, hopes, and dreams, their lifelong friendship and their experiences growing up.

***Don't Worry, He Won't Get Far on Foot* (1990)**

by John Callahan

Is it possible to find humor -- corrosive, taboo-shattering, laugh-till-you-cry humor -- in the story of the late cartoonist who was both a quadriplegic and a recovering alcoholic? The answer is yes, if the cartoonist is John Callahan -- whose infamous work graced the pages of *Omni*, *Penthouse*, and *The New Yorker* -- and if he's telling it in his own words and pictures.

***Double Take: A Memoir* (2010)**

by Kevin Michael Connolly

Kevin Michael Connolly is a twenty-three-year-old man who has seen the world in a way most of us never will. Whether swarmed by Japanese tourists at Epcot Center as a child or holding court at the X Games on his mono-ski, Kevin Connolly has been an object of curiosity since the day he was born without legs.

***Learning To Fall* (2003)**

Philip Simmons

Philip Simmons was just thirty-five years old in 1993 when he learned that he had ALS, or Lou Gehrig's disease, and was told he had less than five years to live. As a young husband and father, and at the start of a promising literary career, he suddenly had to learn the art of dying. Nine years later, he has succeeded, against the odds, in learning the art of living. Now he chronicles his search for peace and his deepening relationship with the mystery of everyday life.

***A It's Good to Be Alive: Observations from a Wheelchair* (2010)**

by Jack L. Rushton

Twenty-one years ago, 50-year-old Jack Rushton had an accident that instantly paralyzed him from the neck down. As he struggled to adjust to life in a wheelchair, he realized that he could reach out to people through his words. *It's Good to Be Alive* contains the best of Jack's insights on topics such as spiritual paralysis, encouragement, death, and happiness.

***Life As We Know It: A Father, a Family, and an Exceptional Child* (1998)**

by Michael Berube

When Jamie Bérubé was born with Down syndrome in 1991, he was immediately subject to the medical procedures, insurance guidelines, policies, and representations that surround every child our society designates as disabled. In this wrenching yet ultimately inspiring book, Jamie's father, literary scholar Michael Bérubé, describes not only the challenges of raising his son but the challenge of seeing him as a person rather than as a medical, genetic, or social problem.

***Louis Braille: A Touch of Genius* (2006)**

by C. Michael Mellor

Louis Braille was born sighted and accidentally blinded himself at the age of three. At the age of 12, he began to work tirelessly on a revolutionary system of reading and writing by touch. Unearthed from a curator's private archives in France, this extraordinary collection of documents, photographs and artistic works enhances the bibliographic narrative of the phases of Braille's life as a student, young inventor, musician, and teacher in post-Revolutionary France.

***Making the Grade: Reflections on Being Learning Disabled* (1997)**

by Dayle A. Upham

Like many people with a learning disability, the author had experienced academic and professional failure. Yet somehow she found the inner strength to persevere and ultimately obtain a Ph.D. in special education.

***Med Head: My Knock-Down, Drag-Out, Drugged-Up Battle With My Brain* (2010)**

Cory Friedman and James Patterson

Patterson's "Against Medical Advice" has riveted adults with the drama of one teenager's courage, sacrifice, and triumph. Now comes this first-person account of Cory Friedman's struggle with Tourette's Syndrome and Obsessive Compulsive Disorder.

***Missing Pieces***, Irving Zola (Temple, 1983). Zola originated the idea that disability is a socially constructed concept. As a social scientist, he went to acquaint himself with Het Dorp, a village in the Netherlands designed to promote "the optimum happiness" of those with severe physical disabilities. Through the author's growing awareness, what began as a sociological study became a socio-autobiography.

***Moving Violations***, John Hockenberry (Hyperion, 1995). John Hockenberry, ace reporter, is determined not only to bring back the story, but also to prove that nothing can hold him back from death-defying exploits. In this moving chronicle—so filled with marvelous storytelling that it reads like a novel—John Hockenberry finds that the most difficult journey is the one that begins at home, as he confronts the memories of his beloved one-armed grandfather, and finally meets his institutionalized Uncle Peter, whose very existence was long a secret buried in the family history.

***My Friend, You Are Legally Blind: A Writer's Struggle With Macular Degeneration* (2001)**

by Charles Champlin

Film critic Charles Champlin comes to terms with his failing vision.

***The Noonday Demon: An Atlas of Depression* (2002)**

by Andrew Solomon

With uncommon humanity, candor, wit, and erudition, award-winning author Solomon conducts a definitive narrative of incomparable range and resonance on his family secret of mental illness. Drawing on his own struggles with the illness and interviews with fellow sufferers, the author reveals as never before the complexities of the disease.

***Objects In Mirror Are Closer Than They Appear (Inside Brain Injury)*, 2nd Edition (2001)**

by Sol Mogerman

Part One tells the story of the author's recovery from brain injury in a direct, personal manner highlighting his loss of self-image. Part Two provides practical information for families, rehabilitation professionals, and individuals with brain injury. In this new edition Sol finds his way back to playing guitar after 20 years.

***Perfectly Normal. A Mother's Memoir* (2002)**

by Marcy Sheiner

Daryl Sheiner was born with hydrocephalus and needed surgery to stay alive. Today he lives independently. His mother writes with candor about years of denial, anger, resentment and fear, the social injustices she faced, and battles with medical professionals, the educational system, and the array of social service providers who invaded her life.

***Remind Me Why I'm Here: Sifting through Sudden Loss of Memory and Judgment***

by Diana Lund

In this insightful and entertaining memoir, a corporate manager, flung into short-term memory loss from a car accident, struggles with self-identity and under-diagnosis of her condition. Beyond an account of a devastating internal transformation, *Remind Me* delves into neurological research and trends.

***Rescuing Jeffrey***, Richard Galli (Algonquin Books of Chapel Hill, 2000). At age 17, Jeff Galli jumped into a friend's swimming pool and broke his spine. In that one terrible instant, the lives of the Galli family changed forever. So begins the account of the next 10 days in Jeffrey's life as told by his father, who was forced to decide whether to remove life support.

***Small Steps: The Year I Got Polio* (2002)**

by Peg Kehret

Kehret, who contracted polio in 1949, describes the diagnosis, severe symptoms, treatments, physical therapy, walking sticks and more in this memoir.

***Thinking in Pictures: And Other Reports From My Life With Autism* (2010)**

Temple Grandin

Temple Grandin, Ph.D., is a gifted animal scientist who has designed one-third of all the livestock-handling facilities in the United States. Writing from the dual perspectives of a scientist and a person with autism, she tells us how her world is experienced by its inhabitants and how she managed to breach its boundaries to function in the outside world. What emerges in "Thinking in Pictures" is the document of an extraordinary human being, one who, in gracefully and lucidly bridging the gulf between her condition and our own, sheds light on the riddle of our common identity.

***Still Me* (1998)**

by Christopher Reeve

The whole world held its breath in 1995 as Christopher Reeve struggled for his life after breaking his neck in a riding accident. Even as a ventilator-dependent quadriplegic, he directed an Emmy Award-winning HBO movie. In a deeply inspiring testament to the human spirit, the late actor recounted his trials and triumphs before his death.

***The Story of My Life* (2002)**

by Helen Keller

One of the great stories of human courage and dedication recounts life of a remarkable woman and her extraordinary relationship with her teacher, Anne Sullivan. Unforgettable portrait of one of the 20th century's outstanding women.

***To the Left of Inspiration: Adventures in Living with a Disability* (2006)**

by Katherine Schneider

Fifty-four million Americans have chronic illnesses or disabilities requiring them to make accommodations in the ways they live their lives. You may have students, customers, and clients with disabilities and want to interact with them knowledgeably and sensitively. Or perhaps you are adjusting to a new illness or disability and have accepted that it's a whole new world you are entering. You'll learn from a woman blind from birth about activities of daily life, like talking to children about disabilities, traveling, going to church, and working. Kathie's life experiences highlight the warmth and humor in everyone's struggles to be humane with each other, whether we are temporarily able-bodied or disabled.

***Train Go Sorry: Inside a Deaf World* (1995)**

by Leah Hager Cohen

This portrait of New York's Lafayette School for the Deaf is not just a work of journalism. It is also a memoir, since Leah Hager Cohen grew up on the school's campus and her father is its superintendent. As a hearing person raised among the deaf, Cohen appreciates both the intimate textures of that silent world and the gulf that separates it from our own.

***Tumbling After* (Crown, 2002)**

Susan Parker

Suzy Parker and her husband, Ralph Hager, spent every free moment together biking, skiing, and hiking. All that changed in a split second when a freak cycling accident left Ralph permanently paralyzed below the shoulders. In that moment, Suzy's old life fell away and her new one began. In ***Tumbling After***, Suzy chronicles her transformation from carefree outdoorswoman to full-time caregiver, and paints a loving portrait of the impromptu, oddball family of concerned neighbors and friends who become her new lifeline.

***Under the Eye of the Clock* (St. Martins 1988)**

Christopher Nolan

Nolan was born with cerebral palsy. His writing is poetic, wry, and gentle. He tells, for example, how at age three he realized that he was different from others: "He showed [his mother] his arms, his legs, his useless body. Beckoning his tears he shook his head. Looking at his mother he blamed her, he damned her, he mouthed his cantankerous why, why, why me?" Nolan likes poetic inversions but all the while, his words are fresh and alive.

***An Unquiet Mind: A Memoir of Moods and Madness* (1997)**

by Kay Redfield Jamison

From a leading international authority on bipolar disorder—and one of only a handful of women who are full professors of medicine—comes a remarkable personal testimony: the revelation of her own struggle since childhood with manic-depression, and how it has shaped her life.

## **Miscellaneous**

### ***Invisible No More: A Photographic Chronicle of the Lives of People with Intellectual Disabilities*** (2010)

by Vincenzo Pietropaolo (Photographer), Wayne Johnston (Foreword by), Catherine Frazee (Introduction)

Renowned photographer Vincenzo Pietropaolo presents a moving photographic chronicle filled with more than one hundred images and thirty stories of people with intellectual disabilities.

### ***Seeing Voices: A Journey into the World of the Deaf*** (2000)

by Oliver Sacks

In *Seeing Voices*, Oliver Sacks turns his attention to the subject of deafness, and the result is a deeply felt portrait of a minority struggling for recognition and respect--a minority with its own rich, sometimes astonishing, culture and unique visual language, an extraordinary mode of communication that tells us much about the basis of language in hearing people as well.

## **Public Policy, Activism and History**

### ***The Ugly Laws: Disability in Public*** (2009)

by Susan Schweik

In the late-nineteenth and early-twentieth centuries, municipal laws targeting "unsightly beggars" sprang up in cities across America. Seeming to criminalize disability and thus offering a visceral example of discrimination, these "ugly laws" have become a sort of shorthand for oppression in disability studies, law, and the arts. Drawing from a huge range of cultural materials, from police reports and court dockets to popular fiction and reformist exposés, Schweik rewrites an urban legend about disability into a meticulously researched and powerfully reasoned argument about law, politics, and cultural aesthetics.

### ***A Place of Their Own: Creating the Deaf Community in America*** (2009)

by John Vickrey Van Cleve

A history of deaf education in the United States. It is a readable treasure of names, dates and institutions, developed against the broader canvas of world deaf education.

### ***No Pity*** (1994)

by Joseph P. Shapiro

A vibrant and compelling account of our century's last great civil rights movement. Over the last 30 years, disabled Americans have fought for freedom from the discrimination and oppression of medical, psychological, and bureaucratic establishments. This is the first popular history of the disability rights movement.

### ***Disability*** (2002)

by Colin Barnes, Geof Mercer

For most of the twentieth century, people with disabilities have been regarded as 'victims' of their condition and a 'burden' on society. More recently, however, disabled people and their organizations across Europe and North America have challenged conventional

explanations for their individual and collective disadvantage, calling for policy measures to change the image and status of disabled people in the Western world. In this new book, Barnes and Mercer provide a concise and accessible introduction to the concept of disability.

***The Difference That Disability Makes* (2002)**

by Rod Michalko

Rod Michalko launches into this book asking why disabled people are still feared, still regarded as useless or unfit to live, not yet welcome in society? Michalko challenges us to come to grips with the social meanings attached to disability and the body that is not "normal."

***FDR's Splendid Deception* (1994).**

by Hugh Gallagher

Long after FDR died, people viewed him as a "recovered cripple". The schemes used by him and his associates to disguise the true state of affairs (he was a polio paraplegic) were subtle but effective --- and the public bought into it. Gallagher claims we all paid a price for his pretense, for Roosevelt's last days were spent in deep melancholia which affected the way he ran the country and the decisions he made at the end of WWII.

***Movie Stars and Sensuous Scars, Essays on the Journey from Disability Shame to Disability Pride* (2003)**

by Steven E. Brown Ph.D.

This book is a combination of autobiographical stories about living with a disability, scholarly essays about disability rights and disability culture, and profiles of disability rights leaders, in the context of a world-wide disability rights movement by Steven E. Brown, Ph.D., Co-Founder, Institute on Disability Culture, and Resident Scholar, Center on Disability Studies at the University of Hawai'i.

***Nothing About Us Without Us: Disability Oppression and Empowerment* (2000)**

by James Charlton

James Charlton has produced a ringing indictment of disability oppression, which, he says, is rooted in degradation, dependency, and powerlessness and is experienced in some form by five hundred million persons throughout the world who have physical, sensory, cognitive, or developmental disabilities. Nothing About Us Without Us is the first book in the literature on disability to provide a theoretical overview of disability oppression that shows its similarities to, and differences from, racism, sexism, and colonialism. Charlton's combination of personal involvement and theoretical awareness assures greater understanding of the disability rights movement

***The Week the World Heard Gallaudet* (2009)**

by Jack R. Gannon

A day-by-day description with 200 photographs of the Deaf President Now movement at Gallaudet Univ., when the Deaf students took over the campus.

***The Unexpected Minority*** (1980)  
by John Gliedman and William Roth

"Of all America's oppressed groups, only the handicapped have been so fully disenfranchised in the name of health," write the authors. *Unexpected Minority* looks at disability in terms of freedom, politics and history, and it goes back to Plato, through the Christian concepts of sin, and even examines footbinding in China.

## **Resource Guides**

***Americans with Disabilities Act*** (2008)  
by Margaret C Jasper

This easy-to-use resource is packed with facts on areas governed by the ADA including employment, public entities and transportation, public accommodations, state and local government services and telecommunications.

***Authoritative Guide to Self-Help Resources in Mental Health*** (2003)  
by John C. Norcross

The revised and expanded edition of this reference helps consumers and professionals distinguish high-quality self-help resources from those that are misleading, inaccurate, or even harmful. Organized around 36 frequently encountered problems, the number of resources reviewed has increased by more than 60%, to over 1,000 self-help books, autobiographies, and popular films.

***The Depression Sourcebook*** (2000)  
by Brian P. Quinn

The *Depression Sourcebook* is a complete guide to understanding mood disorders, including what can be done to lessen symptoms and alleviate suspected causes. This revised second edition provides new information on psychotherapy, bipolar disorders, depression in children and elderly people, medications, and treatment options such as exercise and nutrition.

***No Easy Answers: The Learning Disabled Child at Home and at School*** (1995)  
by Sally L. Smith

Great strides in research and resources have transformed our approach to helping children with learning disabilities. Drawing on thirty years' experience as both an educator and a mother of a child with learning disabilities, Sally Smith brings you up-to-date in this completely revised and expanded edition of her classic guide.

***Schizophrenia: A Very Short Introduction*** (2003)  
by Christopher Frith

The schizophrenic patient presented to the public in sensational press reports and lurid films bears little resemblance to reality of the illness. This book describes what schizophrenia is really like, how the illness progresses, and the treatments that have been applied. It also summarizes the most up-to-date knowledge available about the biological bases of this disorder. Finally it attempts to give some idea of what it is like to have schizophrenia and what this disorder tells us about the relationship between mind and brain.

***What About Me?: Growing Up With a Developmentally Disabled Sibling* (2001)**

Bryna Siegel

A compassionate and accessible guide to living with and caring for a developmentally disabled sibling.

**Sports**

***Hoop Dreams on Wheels: Disability and the Competitive Wheelchair Athlete* (2008)**

by Ronald J. Berger

Hoop Dreams on Wheels is a life-history study of wheelchair athletes associated with a premier collegiate wheelchair basketball program. The book, which grapples with the intersection of biography and history in society, situates the study in broader context with background on the history and sociology of disability and disability sports.

***Wheelchair Sport: A Complete Guide for Athletes, Coaches and Teachers* (2010)**

by Vicky Goosey-Tolfrey

People who use wheelchairs have a greater opportunity than ever before to be physically active at the level of their choosing. Wheelchair Sport equips coaches, teachers, and athletes to develop their minds and bodies to their potential and enjoy their participation in sports.

***With Glowing Hearts/ Des Plus Brillants Exploits: The Official Commemorative Book of the XXI Olympic Winter Games and the X Paralympic Winter Games/ Le Livre Commemoratif Officiel des XXles Jeux Olympique* (2010)**

by VANOC

Official commemorative book of the XXI Olympic Winter Games and the X Paralympic Winter Games. Includes photographic coverage of both Games.