City of
Santa Monica®

COMMISSION ON THE STATUS OF WOMEN

Women and Family Resource Guide for Vital Services

EMERGENCY NUMBERS

Police - Fire - Paramedic	911
Police (Non-Emergency)	310.458.8491
Police Homeless Liaison Program	310.458.8953
California Poison Control	800.876.4766
Information Helpline for LA County	211
LA County Child Abuse Hotline	800.540.4000
LA County Elder Abuse Hotline	800.992.1660
Suicide Prevention Hotline	310.391.1253

COUNSELING / MENTAL HEALTH/SUBSTANCE ABUSE

24 Hour Crisis Hotline	800.854.7771
AIDS Hotline	800.273.2437
Alcott Center for Mental Health Services	310.785.2121
CLARE Foundation	310.314.6215
Daniel's Place	310.392.5855
Edelman Westside Mental Health Center	310.966.6500
Exodus Recovery	310.945.3350
Break the Cycle	888.988.8336
Didi Hirsch Community Mental Health Center	310.390.6612
Didi Hirsch Suicide Prevention Center	877.727.4747
Jewish Family Service	310.393.0732
Postpartum Depression Hotline	800.773.6667
Share! Self-Help & Recovery Exchange	310.846.5270

EMPLOYMENT

California State Employment Development	310.574.6464
Chrysalis	310.401.9400
Hospitality Training Academy	310.458.8719
Jewish Vocational Services	310.309.6000

HOSPITALS / HEALTHCARE TREATMENT CENTER

Planned Parenthood	800.576.5544
Providence Saint John's Health Center	310.829.5511
UCLA Santa Monica Medical Center	310.319.4000
Venice Family Clinic- Primary Care and Health Services	310.392.8636
Westside Family Health Center	310.450.2191

Provided by the Commission on the Status of Women
For a full Resource Guide, visit smgov.net/COSW
Tel: 310.458.8701
Resource Guides available at Santa Monica Public Libraries

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HOUSING / HOMELESSNESS

California Department of Fair Employment and Housing (HUD)	800.884.1684
Community Corporation of Santa Monica	310.394.8487
The People Concern (formerly OPCC)	310.450.4050
Safe Place for Youth	310.902.2283
Santa Monica Rent Control Board	310.458.8751
Santa Monica Housing Authority (Section 8)	310.458.8740
Santa Monica Renter's Rights Tenant Hotline	310.394.0848
Step Up on Second- Housing Services	310.394.6889
Upward Bound House	310.306.1865

HUMAN TRAFFICKING

National Council of Jewish Women (NCJW)	888.539.2373
National Human Trafficking Resource Center	888.373.7888
Coalition to Abolish Slavery and Trafficking (CAST)	213.365.1906

LEGAL ASSISTANCE

Legal Aid Foundation of Los Angeles	310.899.6200
Santa Monica City Attorney's Office	310.458.8336

NUTRITION SERVICES / FOOD BANKS

Meals on Wheels West	310.394.5133
St. Anne's Food Pantry	310.829.4411
Westside Food Bank	310.828.6016
Woman Infants and Children (WIC)	888.942.2229
City of Santa Monica Market Match – DPSS (formerly SNAP)	877.847.3663

SENIOR SERVICES

Dial-A-Ride	310.394.9871
Santa Monica College Emeritus College	310.434.4000
Wise & Healthy Aging	310.394.9871

SOCIAL SERVICE PROGRAMS / BENEFITS PROGRAMS

DPSS (CalWORKs, CalFresh, General Relief, Medi-Cal, GROW)	877.597.4777 / 310.258.7400
DPSS Representative at Virginia Ave. Park	310.458.8688
First 5 LA Healthy Kids	800.452.5437
Medi-Cal	888.452.2273 / 800.327.0502
Westside Family Resource & Empowerment Center for children with special needs	310.258.4063
Westside Regional Center	310.452.3881

VIOLENCE / ASSAULT / ABUSE ASSISTANCE

Domestic Violence Hotline, Southern CA	800.978.3600
National Domestic Violence Hotline, RAINN (Rape, Abuse & Incest National Network)	800.656.4673
Peace Over Violence (24 hours)	310.392.8381
Rape Treatment Center	310.319.4000
Sojourn Services for Battered Women & Children	310.264.6644

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