



Tote your own salad to reduce waste and your waistline.

LOVE IT

Eco-smart solutions

THINK GREEN



L.A. has the second-smallest carbon footprint of the 100 largest metropolitan areas in the United States after Honolulu, according to a report by the Brookings Institution in Washington, D.C. Two of the city's latest steps toward greener living:

TACKLING TAKEOUT TOXINS All Santa Monica restaurants and food providers are now required to use compostable or recyclable containers instead of foam and nonrecyclable plastic ones. Good move, as foam packages are produced with styrene, a chemical that can leach into food and may be linked to cancer. Discover new ideas for making healthy changes to your habits and in your community at SustainableSM.org.

BEACH BEAUTIFICATION Last year, the California Coastal Commission's annual Coastal Cleanup Day attracted more than 12,000 volunteers, who picked up 175,000-plus pounds of trash. Contact your city council to learn about adopting your own stretch of ocean, lake or river shore—or even a mile of highway—to give local litter the heave-ho. —*Kelly Mickle*

